

藥癮治療結構與執行

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Related inventory

- ASI
- BAM
- DSM
- CIWA-A (for Alcohol/sedative hypnotics)
- SASSI (Substance Abuse Subtle Screening Inventory)

ASI

- 會談者評估之嚴重度：
 - 0-1 不需治療
 - 2-3 輕微問題，可能不需要治療
 - 4-5 中等問題，可能需要治療
 - 6-7 相當程度問題，需要治療
 - 8-9 嚴重問題，絕對需要治療

Level of Care met by client at each dimension

面向	分級			
急性解毒（潛在戒斷與否之處理）	1	2	3	4
生理醫療狀況（biomedical conditions）	1	2	3	4
情緒/行為狀況或併發症（emotional/Behavioral conditions or complication）	1	2	3	4
治療接受度/阻抗性（treatment acceptance/Resistance）、	1	2	3	4
復發可能性（relapse potential）	1	2	3	4
復原環境（Recovery environment）	1	2	3	4

四級照護 (Levels of Care)

- 第一級：門診 (outpatient)：
 - Outpatient counseling
 - Alcohol and drug safety action program
 - Outpatient Counseling treatment program (3-9 hours) 註
 - Methadone Treatment program
- 第二級：密集門診 (Intensive Outpatient)：
 - Outpatient Treatment Program (15 hours) 註
 - Day Treatment Program (15-20 hours)

四級照護(Levels of Care)

- 第三級：醫療監控的照護（Medically Monitored Care）：
- Social detox Treatment program
- Intermediate Treatment Program
- Reintegration Treatment program
- 第四級：醫療管理照護（Medically Managed Care）：
- Emergency Acute Care (hospital care)
- Inpatient Treatment Program
- Psychiatric Hospitalization

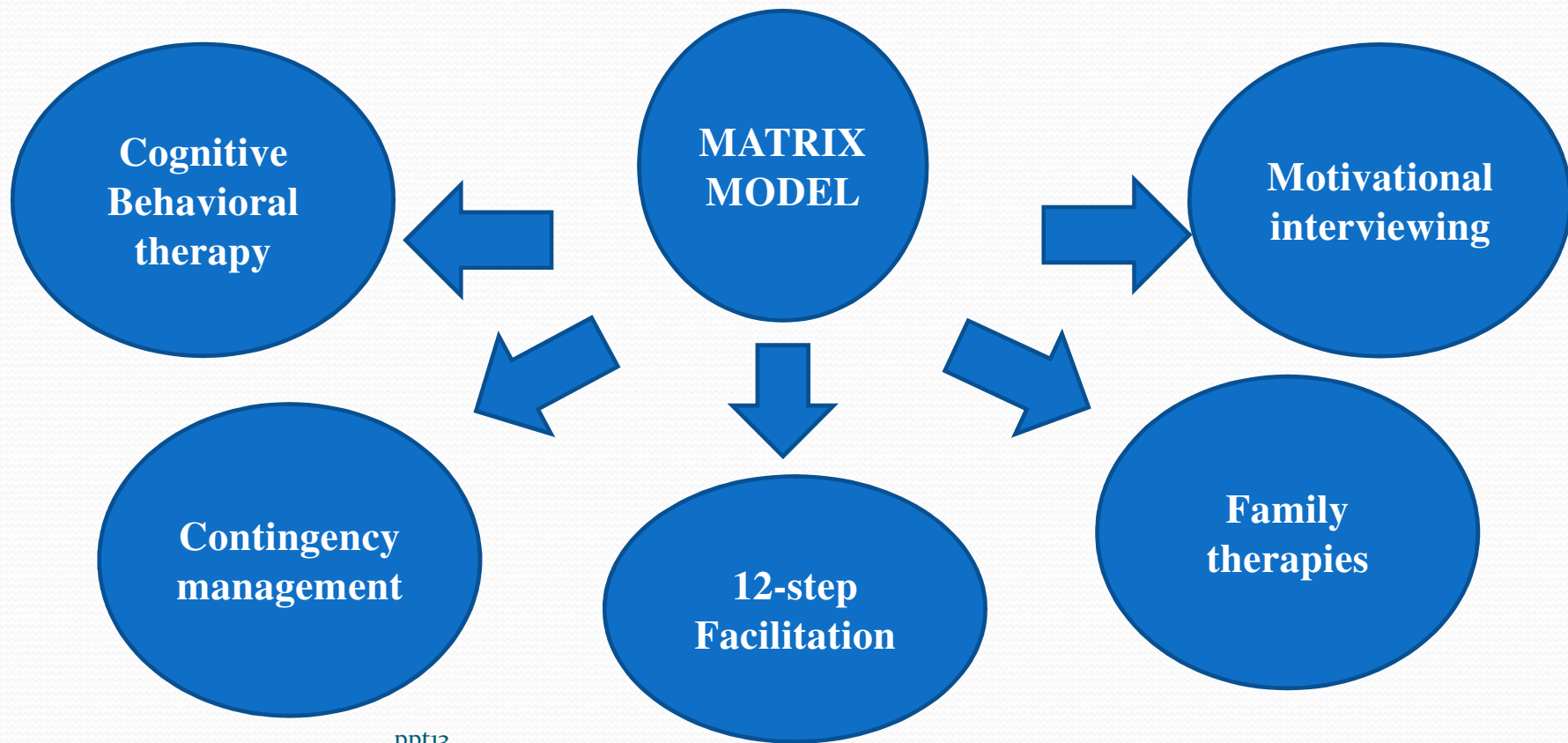
Client placement Key

分級	ASAM criteria	Modelity qualitifers
第一級:門診治療 (outpatient)	Five of the six dimensions meet Level One Criteria	<u>Case Management:</u> History of recent multiple primary treatments
第二級日間照護(day Treatment)	Two of Dimensions 4-6 meet level Two Criteria, And Dimensions 1-3 are no greater than Level Three Criteria	<u>Intense Case Management:</u> (15 hrs a week or more) History of recent or multiple primary treatments
第三級醫療監測的住院治療(Medically monitored inpatient)	Two of six dimensions meet level Three Criteria	<u>Social Detoxification:</u> Dimension One is at Level Three <u>Crisis Stablization:</u> Dimension 1,2 or 3 is at Level Three <u>Intermediate Rehabilitation:</u> 2 of Dimensions 2-6 are at Level Three and if Client meets Dimension 1 criteria, it is by recent or distant history rather than current <u>Reintegration:</u> History of recent or multiple primary treatments
第四級醫療管理(急性期照護)(Medically Managed Care, Acute Care)	One of Dimensions 1-3 meet level Four criteria	

LA-Adapted from ASAM

實證式藥癮治療模式的元素

EVIDENCE BASED THERAPIES (EBT'S) THAT ARE INCORPORATED IN THE MATRIX MODEL (Adapted from SAMHSA)



主題三：執行架構

治療方式	概述
早期復原團體 Early Recovery Groups	第1-4週，每週兩次團體，重點在於行為技巧指導，人數10-15人
復發預防團體 Relapse Prevention Groups	第1-16週，每週兩次團體，重點在於行為演練與實踐，人數10-15人
家庭教育團體 Family Education Group	第1-12週，每週一次，人數不限，重點在家屬教育，原則上不深入處理家庭衝突
社會支持團體 Social Support Groups	第13-16週，每週一次，可為自助團體(無治療師)
尿液檢驗 Urine Testing	第1-16週，每週至少一次，每次7-8種毒物品項，通常避開家庭教育團體當日
個別治療 Individual Sessions	第1-16週，含個別、家庭、或共同諮商

Schedule	Intensive Treatment Weeks 1 through 4*	Intensive Treatment Weeks 5 through 16†	Continuing Care Weeks 13 through 48
Monday	6:00–6:50 p.m. Early Recovery Skills 7:15–8:45 p.m. Relapse Prevention	7:00–8:30 p.m. Relapse Prevention	Nothing scheduled
Tuesday	12-Step/mutual-help group meetings	12-Step/mutual-help group meetings	12-Step/mutual-help group meetings
Wednesday	7:00–8:30 p.m. Family Education	7:00–8:30 p.m. Family Education or 7:00–8:30 p.m. Social Support	7:00–8:30 p.m. Social Support
Thursday	12-Step/mutual-help group meetings	12-Step/mutual-help group meetings	12-Step/mutual-help group meetings
Friday	6:00–6:50 p.m. Early Recovery Skills 7:15–8:45 p.m. Relapse Prevention	7:00–8:30 p.m. Relapse Prevention	Nothing scheduled
Saturday and Sunday	12-Step/mutual-help group meetings	12-Step/mutual-help group meetings	12-Step/mutual-help group meetings

藥癮治療的階段

門診追蹤治療	第一階段治療 1-8 th week	第二階段治療 9 th week-6 th month	第三階段治療 7 th -12 th month
Maslow	基本生理需求 安全需求	歸屬感與愛的需求 自我價值認可（自我接受）	自我完成自我實現
動機式晤談	懵懂期 沉思期	決定期 行動期	維繫期
Pita's recovery stage	<ol style="list-style-type: none"> 1. Initiating treatment agreement goal 2. Stop compulsion 3. Learning to work & play sober ; trusting relationship building 	<ol style="list-style-type: none"> 4. Identify development: Admit and accept "I am an addict"; Identify a spiritual self 5. Intimacy development: gain socialization & relationship skills 	<ol style="list-style-type: none"> 6. Identify development :to discover who I am now (how I am different from before) ;my strength &needs 7. Intimacy in love relationships: to be able to love in a healthy mutually satisfying way.

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- Client placement Chart