

戒菸資源：

- ◎ 免費戒菸諮詢專線：0800-63-63-63
- ◎ 全國超過 4,000 家戒菸服務合約醫事機構（查詢電話：02-2351-0120）
- ◎ 洽地方政府衛生局（所）接受戒菸諮詢或服務，可免費索取戒菸教戰手冊

資料來源：

1. Use of Electronic Cigarettes and Any Tobacco Product Among Middle and High School Students — United States, 2011–2018.
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2. Cho JH, and Paik SY. (2016). Association between electronic cigarette use and asthma among high school students in South Korea. *PloS one*, 11(3), e0151022.
3. Sifat AE, Vaidya B, Kaiser MA, Cucullo L, & Abbruscato TJ. (2018). Nicotine and electronic cigarette (E-Cig) exposure decreases brain glucose utilization in ischemic stroke. *Journal of Neurochemistry*, 147(2), 204-221.
4. Villanti AC, Johnson AL, Ambrose BK, Cummings KM, Stanton CA, Rose SW, ... & Cohn AM. (2017). Flavored tobacco product use in youth and adults: findings from the first wave of the PATH study (2013–2014). *American Journal of Preventive Medicine*, 53(2), 139-151.
5. 7 in 10 students who currently use tobacco used a flavored product.
<https://www.cdc.gov/media/releases/2015/p0930-flavored-tobacco.html>
6. Dennekamp M, Mehenni OH, Cherrie JW, & Seaton A. (2002). Exposure to ultrafine particles and PM2.5 in different micro-environments. *Annals of Occupational Hygiene*, 46(suppl_1), 412-414.
7. Semple S, Apsley A, Ibrahim TA, Turner SW, & Cherrie JW. (2015). Fine particulate matter concentrations in smoking households: just how much secondhand smoke do you breathe in if you live with a smoker who smokes indoors?. *Tobacco Control*, 24(e3), e205-e211.
8. Tobacco. World Health Organisation.
<https://www.who.int/news-room/fact-sheets/detail/tobacco>
9. Öberg M, Jaakkola MS, Woodward A, Peruga A, & Prüss-Ustün A. (2011). Worldwide burden of disease from exposure to second-hand smoke: a retrospective analysis of data from 192 countries. *The Lancet*, 377(9760), 139-146.
10. Diver WR, Jacobs EJ, Gapstur S M. (2018). Secondhand Smoke Exposure in Childhood and Adulthood in Relation to Adult Mortality Among Never Smokers. *American Journal of Preventive Medicine*, 55(3), 345-352.